

ASMITA ATHLETICS LEGUE 2025

Govt. College Ground, Phase 6, SAS Nagar

24-11-2025

11/24/25 - 11/24/25

24 Nov. 2025

Event # 1 GIRLS Triathlon A U-14**FINALS****RESULTS OF FINALS**

1	Aakriti .	145	ATAB340F12	07/11/12	SHISHU NIKETAN	1584
2	Smriti Rana	112	ATAA585F13	27/10/13	GIAN JYOTI GLOBAL S	1341
3	Kiranpreet kaur	156	ATAB419F13	29/09/13	THE MILLENNIUM SCH	463
	Herneez kaur	109	ATAA286F15	15/07/15	CHANDIGARH	
	Susmita .	117	ATAB374F13	20/08/13	GSSS BEHLOLPUR SAS	
	KHUSHMITA SHARMA	151	ATAB705F12	22/10/12	ST.STEPHEN SCHOOL S	

Event # 2 GIRLS 60m IGTA 60 Dash U-14**FINALS****RESULTS OF FINALS**

1	Aakriti .	145	ATAB340F12	07/11/12	SHISHU NIKETAN	9.30
2	Smriti Rana	112	ATAA585F13	27/10/13	GIAN JYOTI GLOBAL S	9.97
3	Herneez kaur	109	ATAA286F15	15/07/15	CHANDIGARH	11.47
4	Susmita .	117	ATAB374F13	20/08/13	GSSS BEHLOLPUR SAS	11.50
5	Kiranpreet kaur	156	ATAB419F13	29/09/13	THE MILLENNIUM SCH	12.50
	KHUSHMITA SHARMA	151	ATAB705F12	22/10/12	ST.STEPHEN SCHOOL S	DNS

Event # 3 GIRLS IGTA LJ U-14**FINALS****RESULTS OF FINALS**

1	Aakriti .	145	ATAB340F12	07/11/12	SHISHU NIKETAN	3.30m
2	Smriti Rana	112	ATAA585F13	27/10/13	GIAN JYOTI GLOBAL S	2.85m
3	Herneez kaur	109	ATAA286F15	15/07/15	CHANDIGARH	2.75m
4	Susmita .	117	ATAB374F13	20/08/13	GSSS BEHLOLPUR SAS	2.65m
5	Kiranpreet kaur	156	ATAB419F13	29/09/13	THE MILLENNIUM SCH	1.80m
	KHUSHMITA SHARMA	151	ATAB705F12	22/10/12	ST.STEPHEN SCHOOL S	DNS

Event # 4 GIRLS IGTA HJ U-14**FINALS****RESULTS OF FINALS**

1	Smriti Rana	112	ATAA585F13	27/10/13	GIAN JYOTI GLOBAL S	1.15m
2	Aakriti .	145	ATAB340F12	07/11/12	SHISHU NIKETAN	1.05m
3	Kiranpreet kaur	156	ATAB419F13	29/09/13	THE MILLENNIUM SCH	1.00m
	Herneez kaur	109	ATAA286F15	15/07/15	CHANDIGARH	DNS
	KHUSHMITA SHARMA	151	ATAB705F12	22/10/12	ST.STEPHEN SCHOOL S	DNS
	Susmita .	117	ATAB374F13	20/08/13	GSSS BEHLOLPUR SAS	DNS

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Event # 5 GIRLS Triathlon B U-14**FINALS****RESULTS OF FINALS**

1	Supreet Kaur	126	ATAB789F12	21/03/12	LAWRANCE PUBLIC SC	2470
2	SHREJAL GOYAT	108	ATAB438F13	04/11/13	BHAVAN VIDYALAYA	2265
3	Gursar kaur	118	ATAB402F12	04/03/12	GURUKUL GOBIND SIN	1925
4	GUNRIDH KAUR	130	ATAB603F12	30/01/12	MOHALI	1769
5	Japneet kaur	122	ATAB347F12	15/08/12	LAWRANCE PUBLIC SC	1560
6	Mannat Dhiman	123	ATAB560F12	13/01/12	LAWRANCE PUBLIC SC	1476
7	LAAVINDEEP KAUR	161	ATAB925F12	10/02/12	GIAN JYOTI GLOBAL S	1271
8	Saanvi .	157	ATAB437F13	02/12/13	THE MILLENNIUM SCH	1058
9	Arshnoor Kaur	119	ATAB354F12	11/04/12	KENDRIYA VIDYALAYA	645
10	Sana .	125	ATABO11F13	11/02/13	LAWRANCE PUBLIC SC	452
11	GURLEEN KAUR	170	PBAA024F13	11/17/13	RYAN INTERNATIONAL	384
12	SARGUN KAUR	167	PBAA022F13	03/18/13	RYAN INTERNATIONAL	306
	Tanmeet Kaur sodhi	148	GYAA038F08	13/09/13	SHIVALIK PUBLIC SCH	
	DEEPIKA KAUSHAL	113	ATAB37F13	10/08/13	GSSS BEHLOLPUR SAS	
	HARJOT .	114	ATAB373F13	09/05/13	GSSS BEHLOLPUR SAS	
	KHUSHBINDER kaur	116	ATAB366F13	30/07/13	GSSS BEHLOLPUR SAS	

Event # 6 GIRLS 60m IGTB 60 Dash U-14**FINALS****RESULTS OF FINALS**

1	Supreet Kaur	126	ATAB789F12	21/03/12	LAWRANCE PUBLIC SC	7.47
2	SHREJAL GOYAT	108	ATAB438F13	04/11/13	BHAVAN VIDYALAYA	7.97
3	GUNRIDH KAUR	130	ATAB603F12	30/01/12	MOHALI	8.56
4	Mannat Dhiman	123	ATAB560F12	13/01/12	LAWRANCE PUBLIC SC	8.61
5	Gursar kaur	118	ATAB402F12	04/03/12	GURUKUL GOBIND SIN	9.75
6	Japneet kaur	122	ATAB347F12	15/08/12	LAWRANCE PUBLIC SC	10.22
7	LAAVINDEEP KAUR	161	ATAB925F12	10/02/12	GIAN JYOTI GLOBAL S	10.32
8	KHUSHBINDER kaur	116	ATAB366F13	30/07/13	GSSS BEHLOLPUR SAS	10.75
9	HARJOT .	114	ATAB373F13	09/05/13	GSSS BEHLOLPUR SAS	11.22
10	Saanvi .	157	ATAB437F13	02/12/13	THE MILLENNIUM SCH	11.27
11	Sana .	125	ATABO11F13	11/02/13	LAWRANCE PUBLIC SC	12.35
12	Arshnoor Kaur	119	ATAB354F12	11/04/12	KENDRIYA VIDYALAYA	12.79
13	GURLEEN KAUR	170	PBAA024F13	11/17/13	RYAN INTERNATIONAL	14.21
14	SARGUN KAUR	167	PBAA022F13	03/18/13	RYAN INTERNATIONAL	14.89
	DEEPIKA KAUSHAL	113	ATAB37F13	10/08/13	GSSS BEHLOLPUR SAS	DNS
	Tanmeet Kaur sodhi	148	GYAA038F08	13/09/13	SHIVALIK PUBLIC SCH	DNS

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Event # 7 GIRLS IGTB LJ U-14**FINALS****RESULTS OF FINALS**

1	Gursar kaur	118	ATAB402F12	04/03/12	GURUKUL GOBIND SIN	3.07m
2	Supreet Kaur	126	ATAB789F12	21/03/12	LAWRANCE PUBLIC SC	3.01m
3	SHREJAL GOYAT	108	ATAB438F13	04/11/13	BHAVAN VIDYALAYA	2.79m
4	GUNRIDH KAUR	130	ATAB603F12	30/01/12	MOHALI	2.70m
5	Saanvi .	157	ATAB437F13	02/12/13	THE MILLENNIUM SCH	2.48m
6	LAAVINDEEP KAUR	161	ATAB925F12	10/02/12	GIAN JYOTI GLOBAL S	2.40m
7	Japneet kaur	122	ATAB347F12	15/08/12	LAWRANCE PUBLIC SC	2.35m
8	Mannat Dhiman	123	ATAB560F12	13/01/12	LAWRANCE PUBLIC SC	2.28m
9	HARJOT .	114	ATAB373F13	09/05/13	GSSS BEHLOLPUR SAS	2.07m
10	KHUSHBINDER kaur	116	ATAB366F13	30/07/13	GSSS BEHLOLPUR SAS	2.04m
11	Sana .	125	ATABO11F13	11/02/13	LAWRANCE PUBLIC SC	1.65m
12	GURLEEN KAUR	170	PBAA024F13	11/17/13	RYAN INTERNATIONAL	1.46m
13	Arshnoor Kaur	119	ATAB354F12	11/04/12	KENDRIYA VIDYALAYA	1.09m
	SARGUN KAUR	167	PBAA022F13	03/18/13	RYAN INTERNATIONAL	NM
	Tanmeet Kaur sodhi	148	GYAA038F08	13/09/13	SHIVALIK PUBLIC SCH	DNS
	DEEPIKA KAUSHAL	113	ATAB37F13	10/08/13	GSSS BEHLOLPUR SAS	DNS

Event # 8 GIRLS IGTB SP U-14**FINALS****RESULTS OF FINALS**

1	Japneet kaur	122	ATAB347F12	15/08/12	LAWRANCE PUBLIC SC	14.02m
2	Gursar kaur	118	ATAB402F12	04/03/12	GURUKUL GOBIND SIN	13.61m
3	SHREJAL GOYAT	108	ATAB438F13	04/11/13	BHAVAN VIDYALAYA	13.49m
4	Supreet Kaur	126	ATAB789F12	21/03/12	LAWRANCE PUBLIC SC	12.74m
5	Arshnoor Kaur	119	ATAB354F12	11/04/12	KENDRIYA VIDYALAYA	10.54m
6	LAAVINDEEP KAUR	161	ATAB925F12	10/02/12	GIAN JYOTI GLOBAL S	9.64m
7	GUNRIDH KAUR	130	ATAB603F12	30/01/12	MOHALI	9.15m
8	Saanvi .	157	ATAB437F13	02/12/13	THE MILLENNIUM SCH	8.20m
9	Mannat Dhiman	123	ATAB560F12	13/01/12	LAWRANCE PUBLIC SC	7.39m
10	SARGUN KAUR	167	PBAA022F13	03/18/13	RYAN INTERNATIONAL	6.55m
11	GURLEEN KAUR	170	PBAA024F13	11/17/13	RYAN INTERNATIONAL	5.04m
12	Sana .	125	ATABO11F13	11/02/13	LAWRANCE PUBLIC SC	4.89m
	DEEPIKA KAUSHAL	113	ATAB37F13	10/08/13	GSSS BEHLOLPUR SAS	DNS
	Tanmeet Kaur sodhi	148	GYAA038F08	13/09/13	SHIVALIK PUBLIC SCH	DNS
	KHUSHBINDER kaur	116	ATAB366F13	30/07/13	GSSS BEHLOLPUR SAS	DNS
	HARJOT .	114	ATAB373F13	09/05/13	GSSS BEHLOLPUR SAS	DNS

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Event # 9 GIRLS Triathlon C U-14**FINALS****RESULTS OF FINALS**

1	Reet .	159	ATAA988F12	03/04/12	VIDYA VALLEY SCHOO	2009
2	Sukhleen kaur	147	ATAA485F14	03/08/14	SHIVALIK PUBLIC SCH	1632
3	Arsheen Kaur	127	ATAA899F13	15/09/13	MANAV MANGAL SMAI	1598
4	JAPNEET KAUR	165	ATAB949F12	05/03/12	GIAN JYOTI GLOBAL S	1134
5	Kaavya Gupta	137	ATAB096F12	18/05/12	RYAN INTERNATIONAL	966
6	GURKIRAT KAUR	146	TWAB423F13	05/08/13	SHISHU NIKETAN	746
7	Harnoor sooch	134	ATAA719F13	22/11/13	RYAN INTERNATIONAL	647
8	ANIKA GHILDIYAL	162	ATAB416F13	02/06/13	GIAN JYOTI GLOBAL S	522
9	Liba Nawazish	139	ATAB221F13	13/12/13	RYAN INTERNATIONAL	401
10	Heerat saini	135	ATAB206F13	27/02/13	RYAN INTERNATIONAL	240
	SOFIA KHAN	169	ATAB507F13	05/24/13	RYAN INTERNATIONAL	
	Myrah .	104	ATAB421F13	02/01/13	AMITY INTERNATIONA	
	Simarveer kaur	129	ATAB282F13	09/12/13	MAXIM MERRY SCHOO	
	Aadri .	132	ATAB955F12	02/19/12	RYAN INTERNATIONAL	
	Ilisha Sanawar	136	ATAB046F13	05/07/13	RYAN INTERNATIONAL	
	Swapandeep kaur	143	ATAA917F12	04/12/12	SCHOOL OF EMINENCE	

Event # 10 GIRLS 60m IGTC 60 Dash U-14**FINALS****RESULTS OF FINALS**

1	Reet .	159	ATAA988F12	03/04/12	VIDYA VALLEY SCHOO	8.57
2	Arsheen Kaur	127	ATAA899F13	15/09/13	MANAV MANGAL SMAI	9.14
3	Sukhleen kaur	147	ATAA485F14	03/08/14	SHIVALIK PUBLIC SCH	9.35
4	JAPNEET KAUR	165	ATAB949F12	05/03/12	GIAN JYOTI GLOBAL S	9.60
5	Simarveer kaur	129	ATAB282F13	09/12/13	MAXIM MERRY SCHOO	10.14
6	Kaavya Gupta	137	ATAB096F12	18/05/12	RYAN INTERNATIONAL	10.53
7	Ilisha Sanawar	136	ATAB046F13	05/07/13	RYAN INTERNATIONAL	10.56
8	Harnoor sooch	134	ATAA719F13	22/11/13	RYAN INTERNATIONAL	11.09
9	ANIKA GHILDIYAL	162	ATAB416F13	02/06/13	GIAN JYOTI GLOBAL S	11.24
10	GURKIRAT KAUR	146	TWAB423F13	05/08/13	SHISHU NIKETAN	11.42
11	SOFIA KHAN	169	ATAB507F13	05/24/13	RYAN INTERNATIONAL	11.67
12	Heerat saini	135	ATAB206F13	27/02/13	RYAN INTERNATIONAL	12.27
13	Liba Nawazish	139	ATAB221F13	13/12/13	RYAN INTERNATIONAL	12.55
	Aadri .	132	ATAB955F12	02/19/12	RYAN INTERNATIONAL	DNS
	Swapandeep kaur	143	ATAA917F12	04/12/12	SCHOOL OF EMINENCE	DNS
	Myrah .	104	ATAB421F13	02/01/13	AMITY INTERNATIONA	DNS

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Event # 11 GIRLS IGTC LJ U-14

FINALS**RESULTS OF FINALS**

1	Arsheen Kaur	127	ATAA899F13	15/09/13	MANAV MANGAL SMAI	3.06m
2	Sukhleen kaur	147	ATAA485F14	03/08/14	SHIVALIK PUBLIC SCH	3.00m
3	Reet .	159	ATAA988F12	03/04/12	VIDYA VALLEY SCHOO	2.88m
4	JAPNEET KAUR	165	ATAB949F12	05/03/12	GIAN JYOTI GLOBAL S	2.84m
5	Simarveer kaur	129	ATAB282F13	09/12/13	MAXIM MERRY SCHOO	2.59m
6	Harnoor sooch	134	ATAA719F13	22/11/13	RYAN INTERNATIONAL	2.40m
7	GURKIRAT KAUR	146	TWAB423F13	05/08/13	SHISHU NIKETAN	2.16m
8	ANIKA GHILDIYAL	162	ATAB416F13	02/06/13	GIAN JYOTI GLOBAL S	2.14m
9	Liba Nawazish	139	ATAB221F13	13/12/13	RYAN INTERNATIONAL	2.13m
10	Kaavya Gupta	137	ATAB096F12	18/05/12	RYAN INTERNATIONAL	2.05m
11	SOFIA KHAN	169	ATAB507F13	05/24/13	RYAN INTERNATIONAL	1.75m
12	Ilisha Sanawar	136	ATAB046F13	05/07/13	RYAN INTERNATIONAL	1.70m
13	Heerat saini	135	ATAB206F13	27/02/13	RYAN INTERNATIONAL	1.60m
	Myrah .	104	ATAB421F13	02/01/13	AMITY INTERNATIONA	DNS
	Aadri .	132	ATAB955F12	02/19/12	RYAN INTERNATIONAL	DNS
	Swapandeep kaur	143	ATAA917F12	04/12/12	SCHOOL OF EMINENCE	DNS

Event # 12 GIRLS 600m IGTC 600 Run U-14

FINALS**RESULTS OF FINALS**

1	Reet .	159	ATAA988F12	03/04/12	VIDYA VALLEY SCHOO	1:50.59
2	Sukhleen kaur	147	ATAA485F14	03/08/14	SHIVALIK PUBLIC SCH	2:04.94
3	Kaavya Gupta	137	ATAB096F12	18/05/12	RYAN INTERNATIONAL	2:08.42
4	Arsheen Kaur	127	ATAA899F13	15/09/13	MANAV MANGAL SMAI	2:13.51
5	GURKIRAT KAUR	146	TWAB423F13	05/08/13	SHISHU NIKETAN	2:19.05
6	JAPNEET KAUR	165	ATAB949F12	05/03/12	GIAN JYOTI GLOBAL S	2:44.94
7	Harnoor sooch	134	ATAA719F13	22/11/13	RYAN INTERNATIONAL	2:55.44
8	ANIKA GHILDIYAL	162	ATAB416F13	02/06/13	GIAN JYOTI GLOBAL S	3:09.04
9	Liba Nawazish	139	ATAB221F13	13/12/13	RYAN INTERNATIONAL	3:18.05
10	Heerat saini	135	ATAB206F13	27/02/13	RYAN INTERNATIONAL	3:43.41
	Myrah .	104	ATAB421F13	02/01/13	AMITY INTERNATIONA	DNS
	Aadri .	132	ATAB955F12	02/19/12	RYAN INTERNATIONAL	DNS
	Swapandeep kaur	143	ATAA917F12	04/12/12	SCHOOL OF EMINENCE	DNS
	Ilisha Sanawar	136	ATAB046F13	05/07/13	RYAN INTERNATIONAL	DNS
	Simarveer kaur	129	ATAB282F13	09/12/13	MAXIM MERRY SCHOO	DNS
	SOFIA KHAN	169	ATAB507F13	05/24/13	RYAN INTERNATIONAL	DNS

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Event # 13 GIRLS Kids Javelin U-14**FINALS****RESULTS OF FINALS**

1	Smriti Rana	112	ATAA585F13	27/10/13	GIAN JYOTI GLOBAL S	31.70m
2	Kaavya Gupta	137	ATAB096F12	18/05/12	RYAN INTERNATIONAL	13.56m
3	Aakriti .	145	ATAB340F12	07/11/12	SHISHU NIKETAN	12.09m
4	Sukhleen kaur	147	ATAA485F14	03/08/14	SHIVALIK PUBLIC SCH	11.67m
5	Avantika .	133	ATAB220F13	10/04/13	RYAN INTERNATIONAL	11.17m
6	GUNRIDH KAUR	130	ATAB603F12	30/01/12	MOHALI	10.65m
7	Ilisha Sanawar	136	ATAB046F13	05/07/13	RYAN INTERNATIONAL	10.40m
8	SOFIA KHAN	169	ATAB507F13	05/24/13	RYAN INTERNATIONAL	8.10m
9	Mannat Dhiman	123	ATAB560F12	13/01/12	LAWRANCE PUBLIC SC	8.08m
10	GURLEEN KAUR	170	PBAA024F13	11/17/13	RYAN INTERNATIONAL	8.03m
11	Liba Nawazish	139	ATAB221F13	13/12/13	RYAN INTERNATIONAL	7.85m
12	GURKIRAT KAUR	146	TWAB423F13	05/08/13	SHISHU NIKETAN	7.62m
13	Sana .	125	ATABO11F13	11/02/13	LAWRANCE PUBLIC SC	6.85m
14	REHAT KAUR	168	ATAB495F13	08/26/13	RYAN INTERNATIONAL	6.20m
15	SARGUN KAUR	167	PBAA022F13	03/18/13	RYAN INTERNATIONAL	3.04m
	Heerat saini	135	ATAB206F13	27/02/13	RYAN INTERNATIONAL	DNS
	Harnoor sooch	134	ATAA719F13	22/11/13	RYAN INTERNATIONAL	DNS
	Saanvi .	157	ATAB437F13	02/12/13	THE MILLENNIUM SCH	DNS
	Kiranpreet kaur	156	ATAB419F13	29/09/13	THE MILLENNIUM SCH	DNS
	Reet .	159	ATAA988F12	03/04/12	VIDYA VALLEY SCHOO	DNS
	Myrah .	104	ATAB421F13	02/01/13	AMITY INTERNATIONA	DNS
	Aadri .	132	ATAB955F12	02/19/12	RYAN INTERNATIONAL	DNS
	Herneez kaur	109	ATAA286F15	15/07/15	CHANDIGARH	DNS
	Japneet kaur	122	ATAB347F12	15/08/12	LAWRANCE PUBLIC SC	DNS
	Tanmeet Kaur sodhi	148	GYAA038F08	13/09/13	SHIVALIK PUBLIC SCH	DNS

Event # 14 GIRLS 60m Run U-16**FINALS****RESULTS OF FINALS**

1	VIPNEET KAUR	164	ATAB800F10	03/22/10	GURUKUL GOBIND SIN	8.52
2	Ramandeep kaur	131	ATAB584F10	30/10/10	MOHALI	9.06
3	Ashnoor kaur	128	ATAB888F11	25/10/11	MANAV MANGAL SMAI	9.52
4	Simran kaur	111	ATAB881F10	10/03/10	G.H.S.TANGORI	9.85
5	Bhumika Sharma	107	ATA835F10	14/10/10	BABY CONVENT SCHO	10.42
6	Manjot Kaur	106	ATAB982F11	01/10/11	BABY CONVENT SCHO	10.92
7	ANIKA ABROL	152	ATACO25F11	27/11/11	THE MILLENNIUM SCH	10.93
8	Gitali bhandari	154	ATACO26F11	03/11/11	THE MILLENNIUM SCH	10.98

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Event # 15 GIRLS 600m Run U-16**FINALS****RESULTS OF FINALS**

1	Ramandeep kaur	131	ATAB584F10	30/10/10	MOHALI	1:57.50
2	Simran kaur	111	ATAB881F10	10/03/10	G.H.S.TANGORI	2:11.53
3	Divyanshi saini	153	ATAC037F11	05/09/11	THE MILLENNIUM SCH	2:20.15
4	Mannat .	103	ATAB258F11	08/07/11	AKSIPS 65	2:37.06
5	Sehaj kaur	140	ATAB357F11	13/12/11	RYAN INTERNATIONAL	2:37.90
6	EKAMJOT KAUR	166	ATAC230F11	01/03/11	RYAN INTERNATIONAL	2:38.90
7	Diljot Kaur	101	ATAC053F11	27/06/11	AKSIPS 65	3:25.00
	Khushdeep Kaur	102	ATAB168F09	04/10/09	AKSIPS 65	DNS
	NAVYA SHARMA	110	ATAB129F11	29/10/11	DOON INTERNATIONAL	DNS
	Vanshika joshi	158	ATACO22F11	19/09/11	THE MILLENNIUM SCH	DNS
	Gitali bhandari	154	ATAC026F11	03/11/11	THE MILLENNIUM SCH	DNS
	Ekamjot Kaur	120	ATAC009F11	21/03/11	LAWRANCE PUBLIC SC	DNS

Event # 16 GIRLS Discus Throw U-16**FINALS****RESULTS OF FINALS**

1	Sukhmanpreet kaur	144	ATAB711F10	03/07/10	SHAHEED GANJ COLLE	24.50m
2	Gautmi .	149	ATAC019F11	04/02/11	SPORTS COMPLEX SEC	23.52m
3	Samaira .	124	ATAB884F10	15/11/11	LAWRANCE PUBLIC SC	16.22m
4	Jasmine Kaur	105	ATAB081F08	03/10/08	ANEE'S SCHOOL KHAR	13.85m
5	Simrat kaur	141	ATAB310F10	30/07/10	RYAN INTERNATIONAL	13.66m
6	Khushboo .	138	ATAB719F11	12/10/11	RYAN INTERNATIONAL	12.57m
	Gurnoor kaur	155	ATACO24F11	27/09/11	THE MILLENNIUM SCH	NM

Event # 18 GIRLS Javelin Throw U-16**FINALS****RESULTS OF FINALS**

1	Harseerat Kaur	121	ATAB322F10	12/13/10	LAWRANCE PUBLIC SC	18.94m
2	Simrat kaur	141	ATAB310F10	30/07/10	RYAN INTERNATIONAL	9.45m
3	EKAMJOT KAUR	166	ATAC230F11	01/03/11	RYAN INTERNATIONAL	8.00m
4	ISHIKA SHARMA	163	ATAC027F11	09/19/11	GIAN JYOTI GLOBAL S	7.67m
	Manjot Kaur	106	ATAB982F11	01/10/11	BABY CONVENT SCHO	DNS

Event # 19 GIRLS Long Jump U-16**FINALS****RESULTS OF FINALS**

1	Shanvir kaur	150	ATAB899F10	09/12/10	ST. SOLDIER INTERNAI	3.46m
2	Bhumika Sharma	107	ATA835F10	14/10/10	BABY CONVENT SCHO	3.12m
3	Ashnoor kaur	128	ATAB888F11	25/10/11	MANAV MANGAL SMAI	3.00m
4	VIPNEET KAUR	164	ATAB800F10	03/22/10	GURUKUL GOBIND SIN	2.95m
5	Harseerat Kaur	121	ATAB322F10	12/13/10	LAWRANCE PUBLIC SC	2.82m
6	Sehaj kaur	140	ATAB357F11	13/12/11	RYAN INTERNATIONAL	2.68m
7	ISHIKA SHARMA	163	ATAC027F11	09/19/11	GIAN JYOTI GLOBAL S	2.54m
8	Ekamjot Kaur	120	ATAC009F11	21/03/11	LAWRANCE PUBLIC SC	1.97m
	Khushdeep Kaur	102	ATAB168F09	04/10/09	AKSIPS 65	DNS

ASMITA ATHLETICS LEGUE 2025

Govt. College Ground, Phase 6, SAS Nagar

24-11-2025

11/24/25 - 11/24/25

24 Nov. 2025

Event # 20 GIRLS Shot Put U-16**FINALS****RESULTS OF FINALS**

1	Sukhmanpreet kaur	144	ATAB711F10	03/07/10	SHAHEED GANJ COLLE	7.93m
2	Samaira .	124	ATAB884F10	15/11/11	LAWRANCE PUBLIC SC	6.96m
3	JANVI SARSEER	115	ATAB988F11	11/08/11	GSSS BEHLOLPUR SAS	5.23m
4	Khushboo .	138	ATAB719F11	12/10/11	RYAN INTERNATIONAL	4.67m
	Yashita Gupta	142	YGAA955F11	19/05/11	RYAN INTERNATIONAL	DNS
	Gurnoor kaur	155	ATACO24F11	27/09/11	THE MILLENNIUM SCH	DNS
	Gautmi .	149	ATAC019F11	04/02/11	SPORTS COMPLEX SEC	NM
	Mannat .	103	ATAB258F11	08/07/11	AKSIPS 65	DNS