



MOHALI

DISTRICT ATHLETICS ASSOCIATION

S.A.S Nagar (Mohali) Registration No. 7229

Affiliated with Distt Olympic Association and Pb. Athletics Association

Patron
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Sh. Balwinder Singh Miapur

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Sh. Simarnjit Singh
Sh. Rajan puri

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Dr. Swarn Singh (Chief Coach)
Sh. Sandeep Singh Sandhu
Sh. Vikram Singh Dhillon

Co-ordinators

Sh. Surjit Singh
Sh. Gurcharan Singh
Sh. Rajwinder Singh Raju
Sh. Ranbir Singh

To

The Principal

Govt./Aided/ Recognized/ Private/Colleges, District Mohali only

Sub- **20th Mohali District Athletics Championship 2025-26 (26th to 27th August 2025)**

Respected Sir/Madam,

Mohali District Athletics Association has decided to conduct the 20th District Athletics Championship 2025 at New Athletics Track Opposite Amity international school, Sector-79, S.A.S Nagar Mohali from 26 to 27 Aug. 2025. An athlete who is residing or studying in District Mohali only is eligible to participate in this District Athletics Meet.

The last date for entry is 23/08/2025.

Offline Entry will not be Accepted in any conditions

For Registration Link is <https://mohaliathletics.in/registration1/>

Age Brackets

- Boys & Girls Under 14 yrs- Born between -15.10.2011 & 14.10.2013
- Boys & Girls Under 16 yrs- Born between -15.10.2009 & 14.10.2011
- Boys & Girls Under 18 yrs- Born between -15.10.2007 & 14.10.2009
- Boys & Girls Under 20 yrs- Born between -15.10.2005 & 14.10.2007
- Open Men & Women

Events Details: -

- **Boys & Girls Under 14 yrs-** Triathlon(A) [60m, Long Jump (5m approach), High Jump (Scissor)], Triathlon(B) [60m, Long Jump (5m approach), Back Throw (1kg Shot put)], Triathlon(C) [60m, Long Jump (5m approach),600m], Kids javelin.
- **Boys & Girls Under 16 yrs** – 60Mts, 600Mts, 80Mts Hurdles, Long Jump (5Mts. Approach), High Jump (Scissor), Shotput (Standing), Javelin Throw (10mts Approach), Pentathlon {60m, 80m.H, Long jump, shotput, 600m.}
- **Boys & Girls Under 18 yrs**-100Mts, 200mts, 400mts, 1000mts, 110mts or 100mts Hurdles, Long Jump, High Jump, Triple Jump, Shotput, Discus Throw, Javelin Throw.
- **Boys & Girls Under 20 yrs**-100Mts, 200Mts, 400Mts, 800Mts, 1500Mtrs, 5000Mts, 10000Mts, Long Jump, Triple Jump, High Jump, Shot put, Discus Throw, Javelin Throw.
- **Open Men & Women**- 100Mts, 200Mts ,400Mts, 800Mts, 1500Mtrs, 5000Mts, 10000Mts, Long Jump, High Jump, Triple Jump, Shot put, Discus Throw, Javelin Throw,

Selected athletes (U-14,16,18, 20 Years) will participate in the 100th Punjab Junior Athletics Championship 2025 which is scheduled to be held in 29 to 31 Aug 2025.

Guidelines for Participation: -

- Athletes can participate on the behalf of their institution.
- An athlete can participate in his/her age group only.
- An athlete can participate in maximum two events only.
- There is no limit of participants from one school.
- Minimum 3 athletes are required for competition in each event.
- Athletes to carry Valid Address proof and Date of Birth at the time of competition.
- Original Address proof and Date of Birth documents will be checked before medal ceremony of each event.
- **Online Entry fee of Rs 300 per athlete (Including Lunch).**
- Chest Number should be collected by depositing the entry fee on 25 Aug 2025 from 3pm to 5pm at New Athletics Track Opposite Amity international school, Sector-79, S.A.S Nagar Mohali.
- The First three winners of each event will be awarded certificates & Medal, however for Gradation; Department of Punjab Sports Policy will apply.
- A Trophy will be awarded to School Principal whose participants will be maximum and a Track Suit will be given to the Physical Education the Teacher of the same school.
- A champion trophy will be given to the School/Institute/College who will get maximum points (5-3-1) from all age groups (All Over).
- AFI rules will be followed.
- The school must send in-charge of the team.
- **Parents/Coaches are not allowed inside the Track/Finish Line area during the competition.**
- **For any Query contact S. Malkiat Singh-9888454133 S. Swarn Singh-9779458921.**

(Dr. Swarn Singh)
General Secretary
D.A.A. Mohali